## **Programme**

## "RESO Suwałki 10,5 - the Municipal Festival of Running" 17<sup>th</sup> June 2017, (Saturday), 16.00 – 23.00 Maria Konopnicka Square in Suwałki

12:00 - registration and verification

16:00 – 17:00 – OD KRASNOLUDKA DO GIMLUDKA - races for kindergarten and school children **Krasnoludki races**:

- 16:00 run of preschoolers with parents (boys and girls) 150 m
- **16:15** run of primary school pupils (boys and girls), class I III)
  - 600 m

## **School racing:**

- 16:30 run of primary school pupils (boys and girls), class IV VI)
  - $-900 \, \mathrm{m}$
- 16:45 run of junior high school students (boys and girls, class I III)
  - 900 m

17:00 – 18:15 – Granting awards and scholarships for sport achievements and activities in 2016 (summary of the Sports rivalry at the city)

18:15 - 19:30 - concert

19:30 – 20:00 – preparations for evening races, warm-up before running

20:00 - 21:00

- Suwalkie Debiuts individual race on the distance 3 516,25 m
- Academic race individual race of students on the distance of 3 516,25 m
- Suwałki March! Nordic walking on the distance of 1800 m
- Awards

21:00 - 21:30 – preparations for the main race

## 21:30 - 23:00

- Suwalki QUARTER individual completion at the distance of a quarter of a marathon (10 548,75 m)
- Pogodne Suwałki Team relay street race over the distance of a quarter of a marathon (3 x 3 516,25 m)
- Awards
- End of the event